

No cost assessments for young people

Young people that are between 12-15 years old are often undergoing so many changes hormonally, psychologically and socially that it can be hard to understand what might be going on for them. Sometimes we may recognise big changes that could indicate they are at risk of mental illness.

Some of the early warning signs that a young person may be at risk of mental illness:

- Emotional ups and downs, reactivity
- Changes in family or home life
- Social problems
- Withdrawal
- Changes in school performance and difficulties

The **Early Care** program run through VCPS is hoping to find out more about these early warning signs and to better assist young people who may be at risk of developing psychosis.

What are the early warning signs of psychosis?



What do you do if you recognise these signs in a young person?



Speak to the school wellbeing or student support officer who can assist the young person and their family to access a free assessment from the Early Care program.



Early Care Program

Partnered with the North-West Primary Health Network

The program seeks to support young people and their families to access assessment and treatment for psychosis and other mental health issues.

The program includes:

- Free assessment session and follow-up support
- Some questionnaires to be completed prior to appointment
- Care provided by professional psychologists
- Recommendations provided to the young person and their family after assessment
- Referrals to support and extra services
- Support provided to parents/guardians and the family of the young person



Contact VCPS to speak with dedicated program staff:

Anne-Marie Loney (03) 94197172
Michelle Bruce (03) 94197172

Mob 0417 401 979

We will assist you and the young person's family to set up an assessment time