



NIKKI ZERMAN

CLINICAL & COUNSELLING PSYCHOLOGIST

Nikki has expertise in working with infants and their parents on a range of issues during the perinatal period.

NIKKI'S INTERESTS INCLUDE:

- Perinatal mood disturbance
- Birth trauma
- Perinatal loss
- Premature birth
- Parenting
- Adjustment to parenting
- Parent-infant interaction & attachment
- Maintaining a healthy relationship in the transition to parenthood
- Preconception, including infertility
- Assisting parents when infants are unsettled

WHO SHOULD YOU REFER TO NIKKI?



Women struggling with infertility issues, birth trauma, being a new mum or interacting with their child or partner.



Men struggling with infertility issues, being a new dad, or interacting with their child or partner.



Children up to three years of age.



Couples struggling with any of the issues above.



Nikki consults from our **East Melbourne** clinic
T: (03) 9419 7172
E: reception@vcps.com.au
www.vcps.com.au

VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



Languages available:

Greek, Polish, German, French, Italian, Kannada, Hindi, Coorgi, Cantonese, Arabic & Mandarin.

For all enquiries please contact:

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