



KERRIE SALSbury

CLINICAL PSYCHOLOGIST

Kerrie works with adolescents and adults with health and lifestyle related issues, including disordered eating, poor body image, low self-esteem, and addictive behaviour patterns.

KERRIE'S INTERESTS INCLUDE:

- Health & lifestyle issues
- Depression
- Anxiety
- Low self-esteem
- Eating & sleep disorders
- Addictions
- Bariatric surgery preparation or recovery
- Trauma & stress management
- Relationship difficulties
- Gender & sexual identity issues
- Academic or work performance

WHO SHOULD YOU REFER TO KERRIE?



Adolescents or adults who have issues with health, disordered eating or body dissatisfaction.



Adolescents or adults who are anxious, depressed, lacking self-esteem or stressed.



Individuals who required support prior to, during or following bariatric surgery (e.g. gastric sleeve, lap-band, bypass).



Individuals who need support in reducing addictive behaviours.



Kerrie consults from our **Canterbury** clinic

T: (03) 9419 7172

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www.vcps.com.au

VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



Languages available:

Greek, Polish, German, French, Italian,
Kannada, Hindi, Coorgi, Cantonese, Arabic &
Mandarin.

For all enquiries please contact:

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