



DR. LAUREN BAN

CLINICAL PSYCHOLOGIST REGISTRAR

Lauren works with all age ranges and members of the LGBTIQ community. She works with couples and families, as well as providing play therapy for children.

LAUREN'S INTERESTS INCLUDE:

- Trauma and loss
- Depression
- Anxiety
- Life crises
- Self-esteem issues
- Emotional regulation difficulties
- Post-traumatic stress
- Relationship difficulties
- Family problems
- ADHD
- Career advise

WHO SHOULD YOU REFER TO LAUREN?



Infants, children, teenagers or adults who are anxious, depressed, lacking self-esteem or stressed.



Clients from Culturally and Linguistically Diverse (CALD) backgrounds.



Couples or families who want to improve their interpersonal relationships.



Individuals that require court reports or victims of crime.



Lauren consults from our **East Melbourne** and **Richmond** clinics

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www.vcps.com.au

VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



Languages available:

Greek, Polish, German, French, Italian,

Kannada, Hindi, Coorgi, Cantonese, Arabic &

Mandarin.

For all enquiries please contact:

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