



LIZ RONSISVALLE

COUNSELLING PSYCHOLOGIST

Liz works with adults of all ages who are experiencing difficulties in everyday life, including life transition, ageing, work-related concerns, health concerns, anxiety and grief.

LIZ'S INTERESTS INCLUDE:

- Ageing & other life transition difficulties
- Anxiety
- Depression
- Geriatric mental health
- Grief and loss
- Health-related concerns
- Dementia
- Carer support
- Relationship difficulties
- Work-related concerns

WHO SHOULD YOU REFER TO LIZ?



Adults requiring support with life transitions, grief, health concerns or relationship difficulties.



Older adults who are experiencing mental health issues or life stage transition difficulties, including changes to health and relationships.



Individuals living with anxiety, including Generalised Anxiety and panic attacks.



Carers requiring support, including disability workers, aged care workers, or family members.



Liz consults from our **East Melbourne** and **Richmond** clinics

T: (03) 9419 7172

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www.vcps.com.au

VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



Languages available:

Greek, Polish, German, French, Italian,
Kannada, Hindi, Coorgi, Sinhalese,
Cantonese, Arabic & Mandarin.

For all enquiries please contact:

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