



## **DR PHILIP WALSH**

CLINICAL PSYCHOLOGIST

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Philip works with children, adolescents and adults with a wide range of issues such as anxiety, stress, mood management, behavioural issues and relationships.

### **PHILIP'S INTERESTS INCLUDE:**

- Emotional regulation difficulties
- Depression
- Anxiety
- Gender & sexual identity issues
- Sexual health
- Relationship difficulties
- ADHD
- Life adjustment / transition difficulties
- Substance abuse
- Grief
- Eating disorders
- Phobias

### **WHO SHOULD YOU REFER TO PHILIP?**



Adults, teenagers or children who feel flat, anxious, depressed, lacking self-esteem or stressed.



Individuals adjusting to a major life change or transition.



Individuals who are experiencing problematic relationships or difficulties managing their emotions.



Philip consults from our **East Melbourne** clinic  
62 Wellington Parade, East Melbourne, 3002

T: (03) 9419 7172

E: [reception@vcps.com.au](mailto:reception@vcps.com.au)

[www.vcps.com.au](http://www.vcps.com.au)

# **VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES**



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



## **Languages available:**

Greek, Polish, German, French, Italian,  
Kannada, Hindi, Coorgi, Cantonese, Arabic &  
Mandarin.

**For all enquiries please contact:**

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**Email: [reception@vcps.com.au](mailto:reception@vcps.com.au)**

**Web: [www.vcps.com.au](http://www.vcps.com.au)**