



RACHEL DE CAMPO

CLINICAL PSYCHOLOGIST

Rachel works with children, adolescents, adults and LGBTIQ clients who are challenged by depression, anxiety, relationship difficulties or attention/concentration deficits.

RACHEL'S INTERESTS INCLUDE:

- Issues with attention and concentration
- Relationship difficulties
- Depression
- Anxiety
- Academic/work performance and motivation
- Stress
- Communication skills
- ADHD
- Chronic pain
- Sleep problems
- Grief and loss

WHO SHOULD YOU REFER TO RACHEL?



Children over 9, adolescents and adults who are anxious, down, lacking self-esteem or stressed.



Individuals that are having difficulties dealing with work-related stress or conflicts.



Couples or families who wish to work together to improve their relationships.



Individuals requiring a Disability Medical Assessment.



Rachel consults from our **East Melbourne** and **Melbourne CBD** clinics

T: (03) 9419 7172

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www.vcps.com.au

VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



Languages available:

Greek, Polish, German, French, Italian,
Kannada, Hindi, Coorgi, Cantonese, Arabic &
Mandarin.

For all enquiries please contact:

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