



## **RISHANI PANAWENNAGE**

CONSULTANT PSYCHOLOGIST

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Rishani assists children, adolescents, young adults and families with stress, parenting difficulties, depression, anxiety, Autism Spectrum Disorder, ADHD or learning difficulties.

### **RISHANI'S INTERESTS INCLUDE:**

- Stress
- Anxiety
- Depression
- Autism Spectrum Disorder
- ADHD
- Learning difficulties
- Parenting difficulties
- Self-esteem & social skills
- Phobias
- Career's counselling
- Loss & grief

### **WHO SHOULD YOU REFER TO RISHANI?**



Children, adolescents and young adults who require support for school-related issues, behavioural problems, and mental health issues.



Families who wish to work together to improve communication, relationships, and support.



Individuals who require assessments and/or support for an intellectual disability.



Parents who are seeking assistance in supporting their child through difficulties.



Rishani consults from our **Canterbury** and **East Melbourne** clinics

T: (03) 9419 7172

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[www.vcps.com.au](http://www.vcps.com.au)

# VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



## **Languages available:**

Greek, Polish, German, French, Italian,  
Kannada, Hindi, Sinhalese, Coorgi,  
Cantonese, Arabic & Mandarin.

**For all enquiries please contact:**

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**Email: [reception@vcps.com.au](mailto:reception@vcps.com.au)**

**Web: [www.vcps.com.au](http://www.vcps.com.au)**