



## ROBERT LUZZA

CONSULTANT PSYCHOLOGIST

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Robert works with adults who are challenged by workplace and career issues, problematic relationships and difficulties managing emotions.

### ROBERT'S INTERESTS INCLUDE:

- Difficulties managing emotions
- Relationship difficulties
- Workplace pressure and improvement
- Parenting
- Business and personal development
- Life adjustment / transition difficulties
- Family issues
- Depression
- Anxiety
- Career counselling
- Substance abuse

### WHO SHOULD YOU REFER TO ROBERT?



Adults who feel anxious, depressed, lacking self-esteem or stressed.



Individuals wanting to improve in their role as an employee, business owner, parent or partner.



Individuals struggling to find direction and motivation within their career.



Couples who wish to work together to improve their relationship.



Robert consults from our **East Melbourne** clinic

T: (03) 9419 7172

E: [reception@vcps.com.au](mailto:reception@vcps.com.au)

[www.vcps.com.au](http://www.vcps.com.au)

# **VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES**



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



## **Languages available:**

Greek, Polish, German, French, Italian, Kannada, Hindi, Coorgi, Cantonese, Arabic & Mandarin.

**For all enquiries please contact:**

**Phone: (03) 9419 7172**

**Email: [reception@vcps.com.au](mailto:reception@vcps.com.au)**

**Web: [www.vcps.com.au](http://www.vcps.com.au)**