



## ROZ BATTY

CLINICAL PSYCHOLOGIST

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Roz works with adults who are experiencing day-to-day stressors, or more troubling emotional difficulties such as anxiety, depression, low self-esteem, health concerns or grief.

### ROZ'S INTERESTS INCLUDE:

- Stress/anxiety
- Depression and burn-out
- Self-esteem and personal development
- Cancer, chronic fatigue and health-related concerns
- Loss, grief and death anxiety
- Self-sabotaging behaviours
- Relationships
- Life transitions
- Questions of meaning and purpose
- Family of origin and attachment issues

### WHO SHOULD YOU REFER TO ROZ?



Adults who are struggling with emotional difficulties or self-destructive behaviour.



Individuals that are part of the LGBTQIA+ community.



Individuals seeking to build stronger, healthier relationships with others.



Individuals seeking support for physical health concerns.



Roz consults from our **East Melbourne** clinic

T: (03) 9419 7172

E: [reception@vcps.com.au](mailto:reception@vcps.com.au)

[www.vcps.com.au](http://www.vcps.com.au)

# **VICTORIAN COUNSELLING & PSYCHOLOGICAL SERVICES**



VCPS practitioners operate out of seven locations across Melbourne:

East Melbourne - 62 Wellington Parade

Melbourne CBD - QV, 292 Swanston Street

South Yarra - 99 Commercial Road

Mill Park - 20 Civic Drive

Sunshine - 324 Hampshire Road

Richmond - 620 Victoria Street

Canterbury - 215 Canterbury Road

Telehealth - available anytime, anywhere



## **Languages available:**

Greek, Polish, German, French, Italian,  
Kannada, Hindi, Sinhalese, Coorgi,  
Cantonese, Arabic & Mandarin.

**For all enquiries please contact:**

**Phone: (03) 9419 7172**

**Email: [reception@vcps.com.au](mailto:reception@vcps.com.au)**

**Web: [www.vcps.com.au](http://www.vcps.com.au)**